

ABOUT US:

Shri Jagadishprasad Jhabarmal Tibrewala University, Jhunjhunu (Rajasthan) has been notified by the Government of Rajasthan vide Shri Jagadishprasad Jhabarmal Tibrewala University, Act 2009 passed by Rajasthan Legislature and assented by the H.E. Governor of Rajasthan. The University is recognised by University Grants Commission under section 2(f) of the UGC Act, 1956.

Department of Yoga & Natural Health Science established in the year 2015, is a constituent department of Shri J J T University, Jhunjhunu. Department of Yoga & Natural Health Science has been developed in accordance with the Central Council of Research in Yoga & Naturopathy, Ministry of AYUSH, Government of India. The college will be developed as a prestigious centre for education in Yoga and Naturopathy, nationally as well as internationally



GOALS OF YOGA PROGRAMS:

Yoga is an Art and Science of healthy living. It is a spiritual discipline based on an extremely subtle science, which focuses on bringing harmony between mind and body. The holistic approach of Yoga is well established and it brings harmony in all walks of life and thus, known for disease prevention, promotion of health and management of many lifestyle –related disorders.

- The Yoga Programs are aimed to train students to take up Yoga as a profession.
- To impart the knowledge about Yoga, its foundations and applications to the aspirants.
- To promote the awareness for positive health and personality development in the student through Yoga.
- Instilling and inculcating the general interest and inquisitive knowledge about Yoga for Health, personality development and spiritual evolution.
- To prepare institutionally trained Yoga professionals to impart Yoga training to all sections of the society.
- To prepare the graduates in Yoga to study the higher aspects of Yoga Education.



BNYS (Bachelor of Naturopathy & Yogic Sciences):

Bachelor of Naturopathy & Yogic Sciences is a medical program which provides basic education in the integrated system of modern medicine and traditional Naturopathy & Yogic Sciences. It prepares students of profound scholarship in the science of Naturopathy & Yogic Sciences having basic and fundamental knowledge backed up by extensive practical training. This program has been developed in accordance with the Central Council of Research in Yoga & Naturopathy, Ministry of AYUSH, Government of India. The duration of Undergraduate Medical Degree in Yoga and Naturopathy (BNYS) is Five and half years. A candidate after passing final B.N.Y.S. Medical Degree Examination

shall undergo the compulsory rotatory internship of one year duration.

Eligibility: Pass in 10+2 or equivalent with Physics, Chemistry and Biology from a recognized board.

BNYS Course – Total Annual Fee : 90000*



B.A./B.Sc. Yoga :

Bachelor of Arts/Bachelor of Sciences-Yoga is a degree program approved u/s 22 of UGC Act, 1956. The program duration is three years.

Eligibility: Pass in 10+2 or equivalent from a recognized board.

B.A./B.Sc. Yoga Course - Annual Fee : Rs. 15000 + 2400*

M.A./M.Sc. Yoga :

M.A./M.Sc. Yoga program is in accordance with the recommendation of UGC. The duration of M.A./M.Sc. is Two year.

Eligibility: A Bachelor's degree or equivalent with a minimum of 45% marks in any discipline from recognized University.

M.A./M.Sc. Yoga Course Annual Fee : Rs. 20000 + 2400 *

PG Diploma: (Yoga Education & Sci. of Living)

Post Graduate Diploma in Yoga Education & Sci. of Living program is in accordance with the recommendation of UGC. The duration of PG Diploma (Yoga Education & Sci. of Living) is one year.

Eligibility: A Bachelor's degree or equivalent with a minimum of 45% marks in any discipline from recognized University.

P.G. Diploma Course –Annual Fee : Rs. 15000 + 2400*

PG Diploma: (Naturopathy, Yogic Sci. & Dietetics)

Post Graduate Diploma Naturopathy, Yogic Science & Dietetics program is in accordance with the recommendation of UGC. The duration of PG Diploma Naturopathy, Yogic Science & Dietetics is one year.

Eligibility: A Bachelor's degree or equivalent with a minimum of 45% marks in any discipline from recognized University.

P.G. Diploma Course –Annual Fee : Rs. 15000 + 2400/-*

Diploma: (Naturopathy, Yogic Sci. & Dietetics)

Diploma Naturopathy, Yoga & Dietetics program is in accordance with the recommendation of UGC. The duration of Diploma Naturopathy, Yoga Dietetics is one year.

Eligibility: Pass in 10+2 or equivalent from a recognized board.

Diploma Course –Annual Fee : Rs. 15000 + 2400*

Certificate Course in Yoga:

Certificate Course in Yoga program is in accordance with the recommendation of University. The duration Certificate Course in Yoga is six month.

Eligibility: Pass in 10+2 or equivalent from a recognized board.

Certificate Course –Annual Fee : Rs. 6000*

50 % tuition fee concession to all girl students in UG and PG courses for session-2020-21

ADMISSION PROCEDURE:

On the basis of Personal Interview/Academic Performance



Admission Application Form is available on University website www.jjtu.ac.in and also available offline in

University Campus. Complete Application Form shall be submitted along with non-refundable Admission Processing Charges of Rs.1000/- only.

Student Accommodations :

Separate boys and girls Hostels are available on campus with modern facilities and vegetarians mess.

To know more about Course structure, Fee details, Infra-structural facilities, important dates and Admission Application Form please visit www.jjtu.ac.in.



Department of Yoga and Natural Health Science

Shri J J T University, Jhunjhunu, Rajasthan

(Established. U/S 2(f) of UGC Act, 1956 Vide Act No. F2(5)

Vidhi/2/2009of 5-2-2009, Govt. of Rajasthan)

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SHRI JAGDISHPRASAD JHABARMAL TIBREWALA UNIVERSITY

श्री जगदीशप्रसाद झाबरमल टीबडेवाला विश्वविद्यालय

Admission Open : 2020-21



Department of Yoga and Natural Health
Sciences

A constituent department of Shri J J T University,
Jhunjhunu, Rajasthan, (India)